



AMERICAN RED CROSS (ARC) WATER SAFETY INSTRUCTOR COURSE DESCRIPTION (SWIMMING INSTRUCTOR)



The Water Safety Instructor (WSI) will train you as a swimming instructor. The course teaches water safety, lesson planning and the elements of swim instruction at various levels. This course is geared toward teaching and the perfection of swim skills and may be more appropriate for people who enjoy passing their swimming knowledge on to others. This course **does not** teach participants to swim. Participants **must** be able to swim all the strokes listed in the prerequisite swim test prior to the start of the course.

Prerequisite swim tests for the waterfront lifeguard course

If you fail these tests you will not be allowed to continue on the course and all money paid will be forfeited.

1. Swim 25 yards (approximately 23m) of each of the following strokes: - Front crawl, Back Crawl, Breast stroke, Elementary backstroke, and sidestroke.
2. Swim 15 yards (approximately 10m) of Butterfly.
3. Maintain position while floating on back in deep water for one minute.
4. Tread water for one minute.

Conditions of participation on an ARC water safety Instructors course.

- All participants must be 18+ years old as of 1st June 2008.
- To be guaranteed a placement you must successfully pass all parts of the course and be able to leave by 25th June 2008
- To participate on the course the full fee of £90 must be received at the same time you send the enrollment form.
- You must apply through the Camp America program to participate on any of these courses.

What will be taught on the course.

The American Red Cross (ARC) water safety instructor (wsi) is an American swimming instructor course it will include the following aspects:

The fundamentals of instructor training course; introduction to the ARC swimming and water safety program; planning and preparing to teach; teaching water safety; water safety skills; stroke observation; stroke progressions; development and learning; teaching strategies; refining strokes; stroke practice; practice teaching assignments; planning lessons; recording and reporting progress; teaching techniques; assessment of students; teaching progressions for starts, turns and diving; parent and child aquatics skills and customizing lessons for adults and people with disabilities.

Conditions of passing the course.

To pass the course all participants must:

- Pass the prerequisite swim tests.
- Attend all pool and classroom sessions.
- Complete the daily warm up swim of approximately 300m.
- Obtain 80% in a multiply choice written exam.
- Successfully pass all teaching practices.

Please note: In addition to swimming skills, your attitude and responsibility level will also be assessed and they are just as important in determining the success of your application to be an ARC water safety instructor. Your instructors can decide to non-recommend any applicant who they determine to be unsuitable for a water safety instructor position. If this proves to be the case you will still be a qualified ARC water safety instructor but Camp America reserves the right to remove your guaranteed placement status. All payments will be forfeited.

Placement information on completion of all parts of the course.

All successful participants will:

- Be guaranteed a placement in an American summer camp providing you can leave by 25th June 2008.
- Most likely be placed on the waterfront setting but please be aware you may be asked to perform other duties as well.
- Receive two American Red Cross certificates one for fundamentals of instructor (F.I.T) training and another for water safety instructor. (Your wsi certification period can be continuously extended by 2 years by teaching at least one swim program and completing the relevant paperwork within you authorized period of 2 years this will also keep you F.I.T certification valid.). These certifications will be sent directly to the camp you will work for during the summer as they are required by your camp for health and safety checks usually before you depart to America. However it is your responsibility to collect you certifications at the end of the season before departure from camp as all duplicates are chargeable.
- Upon successful completion of your summer assignment receive the following rates of pocket money aged 18-20 will receive \$1050 and aged 21+ will receive \$1100. These increases in pocket money are only applicable to those who complete the ARC course in the UK through Camp America. Those who are put through an ARC course upon arrival at camp do not qualify for the increased pocket money.

Summer placements information.

Participants who have a placement prior to the start of the course: If you already have a placement on an American summer camp that is dependant on passing this course your camp director will be advised shortly after you pass the course. However it would be a nice gesture for you to inform the camp directly.

Participants who do not have a placement prior to the start of the course: Your American Red Cross water safety instructor qualification will be added to your application form which will then be matched to a summer placement. Please be patient as this may take a few weeks.

Extra conditions

- Participants who fail the prerequisite swim tests or any other part of the course will forfeit all monies paid and lose guaranteed placement status. However you may still apply for a summer position as a regular application and will need to contact your interviewer.
- Cancellation Policy: All payments are non-refundable (except for bona-fide medical reasons accompanied by a doctor's note). If full payment is not received prior to commencement of the course, you will lose your place and forfeit all payments made.

How to enroll

1. Complete an enrolment form obtainable from your interviewer or download from the following website <http://www.campamerica.co.uk/courses.php> or click on (What You do / Courses)
2. Send the completed enrolment form and make the payment of £90 to Donna Perryman PO box 254, Northampton NN2 8WZ.
3. To confirm you have secured a place on your chosen course you will receive a schedule prior to the start of the course detailing the travel information, location, dates and timetable.

Payment methods

- Cheques or postal orders to be made payable to: Camp America and sent with your enrolment form to: Donna Perryman PO box 254, Northampton NN2 8WZ
- Online payments can be made by contacting Jason Cook at the Camp America London office on 0207 581 7332 (You must still send your enrolment form to Donna Perryman stating on line payment)

Please note: You must be accepted onto the camp America program to participate in the ARC water safety instructor course.

Any further queries please email Donna Perryman at campamericacourse@btinternet.com